



Residential Coaching 3 Nights Stay, 3 Half days Days Golf Coaching

Day 1

Day 1 Morning: 9am – 11am

- You will meet Gary, your PGA coach and talk through what you will be working on over the next couple of days. Both days are designed to promote a fun and relaxed environment in which to learn, with the ultimate goal for you to build the confidence necessary to venture out onto the golf course, knowing that you have the basic skills to play a good round of golf.
- Moving onto the fundamentals such as stance, grip, as well as posture and the mechanics of how the full swing works.

Day 1 Morning 11am – 1pm

- Head to the basic swing movements in the short game will be covered starting with putting and chipping before the driving range. Here we will break down your swing using some video analysis if required and highlight what you're doing well, and any areas which can be improved. This enables us clearly to understand what you're working towards and give you some visual feedback which will help mentally put the pieces of the swing jigsaw together. Again, we will go through the fundamentals such as stance, grip, posture and the mechanics of how the full swing works.

Lunch

- Own Time to play golf, practice, use the Resort facilities or venture for trip to see the sights in London.

Day 2

Day 2 Morning: 9am-11am

- Bunker practice! Attempting to get out of a bunker can seem intimidating, even for more experienced golf players. Known as the splash shot, it's a critical part in golf which once mastered can help dramatically reduce scores. During the morning there will be an overall focus on chipping, pitching and bunker play, enabling you to approach them all with more confidence.

Day 2 Morning: 11am-1pm

- Difficult lies are a given in golf. One thing you can't control is where the ball finishes after a shot. We will spend some time discussing various lies, up hill, down hill, bare lies, thick wet lies so you know how to approach them moving forward. Any other areas of the game which you would like to spend more time working on can be practiced and discussed with Gary.
- Driving Range practice. Now that you're into the swing of things. It's time to embed what we've worked on during the morning, and again some video swing analysis will be used to help us carry on the work we did over the course of the morning.

Lunch

- Own Time to play golf, practice, use the Resort facilities or venture for trip to see the sights in London.

Day 3

Day 3 Morning: 9am-12pm

12 Holes Playing Lesson on the Championship Course

- Time to get out on the course and put what you've learnt in practice out on the course! During the round we will go through basic course management and correct club selection, aiming and shot selection to ensure you know when to use the shots you have learnt.

- At the end of the 3 days you should have a better understanding of the golf swing and have enjoyed learning or improving your current skills in a friendly environment to help you carry on getting better and enjoying the game even more!
- We will examine how far you've come and leave you with practice plans to continue improving.
- At the end of the day you should have a better understanding of the golf swing and have enjoyed learning or improving your current skills in a friendly environment to help you carry on getting better and enjoying the game even more.
- We will examine how far you've come and leave you with practice plans to continue improving.

Lunch

- Own Time to play golf, practice, use the Resort facilities or venture for trip to see the sights in London.